

**READING HEALTH AND WELLBEING BOARD**

<b>DATE OF MEETING:</b>	15 <sup>th</sup> March 2019	<b>AGENDA ITEM:</b>	6
<b>REPORT TITLE:</b>	THE NHS LONG TERM PLAN		
<b>REPORT AUTHOR:</b>	Cathy Winfield	<b>TEL:</b>	
<b>JOB TITLE:</b>	Chief Officer	<b>E-MAIL:</b>	
<b>ORGANISATION:</b>	Berkshire West CCG		

**1. PURPOSE OF REPORT AND EXECUTIVE SUMMARY**

- 1.1 The attached presentation sets out the contents of the NHS Long Term Plan which was published in January (<https://www.longtermplan.nhs.uk/>). The plan describes a new model of care that strengthens services in primary and community care. This model is characterised by groups of GP practices working together in Primary Care Networks (PCNs) or “neighbourhoods.” The NHS is asked to work at locality level with partners in local government, community health services, the voluntary sector and communities themselves to develop PCNs. The intention is that all local services will operate on a neighbourhood footprint increasing the coordination and integration of care for residents. This fits well with the current priority in Berkshire West to “Design Our Neighbourhoods”
- 1.2 The additional capacity in primary care will enable the shift to more pro active care, identifying people at risk and intervening pro actively to stop them developing new conditions, such as diabetes, or deteriorating further
- 1.3 The NHS Long Term Plan places new emphasis on the prevention agenda and on the reduction of health inequalities.
- 1.4 The plan also sets specific targets for improvements in care and clinical outcomes for key conditions such as cancer, cardiovascular disease, children’s health, and mental health
- 1.5 The plan also talks about the future organisation of services with the ambition that all areas are working as Integrated Care Systems by 2021
- 1.6 Much of the plan aligns very well with the work we have already been doing locally as the Berkshire West ICS and the Berkshire West 7. We have already committed to strengthening the links between these two programmes with the leadership and support of the three Health and Well Being Chairs across Berkshire West.
- 1.7 The ICS will need to produce a five year strategy by the Autumn in response to the NHS Long Term Plan and the recommendation is that the Berkshire West system produces a single plan that brings together the three Health and Well Being Strategies and the response to the Long Term Plan. The delivery of the strategy will of course reflect the needs of each of each of the localities and be locally driven. This approach would also deliver the recommendations of the CQC to develop a single strategy

**2. RECOMMENDED ACTION**

- 2.1 The Health and Well Being Board are asked to:
  - note the contents of the NHS Long Term Plan,
  - note the alignment with the local Berkshire West work programme
  - endorse the work to develop neighbourhoods in Reading
  - endorse the development of a single plan across Berkshire West

### **3. POLICY CONTEXT**

The NHS Long Term Plan  
The Health and Well Being Strategy

### **4. CONTRIBUTION TO READING'S HEALTH AND WELLBEING STRATEGIC AIMS**

4.1 The use of a pro active population health management approach at neighbourhood level will support the achievement of Reading's health and Well Being strategic aims

1. Supporting people to make healthy lifestyle choices (with a focus on tooth decay, obesity, physical activity and smoking)
2. Reducing loneliness and social isolation
3. Promoting positive mental health and wellbeing in children and young people
4. Reducing deaths by suicide
5. Reducing the amount of alcohol people drink to safe levels
6. Making Reading a place where people can live well with dementia
7. Increasing breast and bowel screening and prevention services
8. Reducing the number of people with tuberculosis

### **5. COMMUNITY & STAKEHOLDER ENGAGEMENT**

It is important that local communities are engaged and co design the neighbourhood model in Reading. The ICS and local government Communications and Engagement teams will work together on a joint programme to support this.

### **6. EQUALITY IMPACT ASSESSMENT**

*Not applicable*

### **7. LEGAL IMPLICATIONS**

*Not applicable*

### **8. FINANCIAL IMPLICATIONS**

The CCG will be making investment to support the development of Primary Care networks and the recruitment of new workforce into primary care

### **9. BACKGROUND PAPERS**

N/A